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Dear <<First Name>>,

As Singapore gears up for race season this September, fuel your engines with our specially crafted **Grilled Masala Black Angus Steak Patty**, seared to juicy perfection and paired with crunchy truffle fries. Or race to the finish line with our **Turbo Torque Cocktail**, made with fresh fruits, blue curacao and prosecco to liven up your spirits before a big night.

For the month of September, we will be conducting a **Powerplate Training Session** for those looking to try something new in their fitness regime. Seats are filling up fast, so be sure to register with the Club reception to avoid missing out!

See you at the Club.

Chief Executive Officer



Congratulations to Mr Balasubramaniam Muthuraku for winning the August 2018 Top Spender Award!

We believe that this award is not just an amount spent, but of your loyalty and trust in our quality and services. You can be a Top Spender too! Here's a quick tip to join the leader board - All member spending including [rooms](#), [dining](#) and [events](#) booked under The Legends Fort Canning Park membership accounts are eligible for points, and go into your personal tally to qualify as Top Spender.



As part of our efforts to reduce our carbon footprint, we are encouraging our members to

receive digital copies of our e-Newsletters and e-Statements of Accounts.

Frequently Asked Questions:

**Q: How will this affect me?**

A: Members will be notified of their subscription fees and charges via email.

**Q: How can I make payment?**

A: Members with an existing GIRO account set up will not be affected. Members without an existing GIRO account are encouraged to set up one. This can be done at the club membership desk. Should you wish to continue paying via cheque, members can either make payment at our membership desk or mail the cheques to the club directly.

**Q: What if I don't have an email address?**

A: Members can choose to continue to receive their SOA via mail by contacting our membership desk at 6559 6795.

On behalf of all of us at The Legends Fort Canning Park, we thank you for your understanding. Should you require any clarification, please contact the club membership desk at 6559 6795.

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## Cooking Up A Storm At Our Laksa Demonstration



A few of our members gathered at The Salon on Saturday, 25 August to learn the secrets of making Hotel Fort Canning's signature laksa from Executive Chef Jeffrey himself. Savouring the fruits of their labour proved to be a most delicious affair!

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**Day: Every Sunday**  
**Time: 8.30am to 9.30am**  
**Venue: Garden Terrace or Gym Studio (due to rain)**  
**Price: \$5.00+ for members (\$10+ for Member's Guests)**

Terms and conditions for (club members)

- Participants are required to pre-register and pay at the Club membership counter.
- Limited to max 10 pax, on a first come first serve basis.
- No cancellation or refund for bookings made on the same day.
- All refunds are subject to management approval.

Photos are for illustrative purposes only.

## September Specials at The Salon & Tisettanta Lounge



Savour the best of both worlds as East meets West this September in our all-new **Chicken Curry Pizza**. Baked to perfection in our very own wood-fired oven, our handcrafted thin-crust creation is topped with tender chicken, diced tomatoes and rich mozzarella cheese in a spiced concoction fresh from the Spice Garden.

Available at S\$18+.

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**Grilled Masala Black Angus  
Steak Patty @ \$22+ \***



**Turbo Torque Cocktail @ \$14+ \***

Available daily at The Salon and Tisettanta Lounge from 1 – 30 September 2018.  
For reservations and enquiries, contact The Salon at 6799 8809 or [fnb@hfcsingapore.com](mailto:fnb@hfcsingapore.com)

\*Points not applicable.

## Club Social Calendar - September & October



### **Power Plate Training 22 September 2018**

*Venue: Gym Studio*

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*Price: \$5.00 nett per person (Member) or \$10.00 nett per person (Member's Guest)*

Power plate training is a high intensity workout that contracts and relaxes the muscles through the use of multi-directional vibrations. This stimulates the various muscle groups as the body works hard to maintain stability.

Registration closes on **15 September 2018** or when full.

[Register Now](#)



### **Bake-off - Gula Melaka Scones 13 October 2018**

*Venue: The Salon*

*Time: 1:30pm to 3:30pm*

*Min: 5 pax; Max: 10 pax*

*Price: \$5.00 nett per person (Member) or \$10.00 nett per person (Member's Guest)*

Fluffy, delicious and wonderfully British, scones are a classic treat for afternoon tea. Learn to bake this buttery delight infused with the smoky caramel-coconut flavour of gula melaka!

Registration closes on **3 October 2018** or when full.



### **Makeup Demonstration 27 October 2018**

*Venue: The Salon (VIP Room)*

*Time: 2:30pm to 4.00pm*

*Min: 5 pax; Max: 10 pax*

*Price: \$5.00 nett per person (Member) or \$10.00 nett per person (Member's Guest)*

Pick up time-saving tips for putting your face on for the day or glamming it up for a cool night on the town! Recommended for adults and young adults 16 years and above.

Registration closes on **27 October 2018** or when full.

[Register Now](#)

## **Fitness in the Park**

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Sign up for free classes like Fitball, High Intensity Circuit Training and Body Sculpting conducted by our qualified Dynaforce professional instructors. For more information, contact the gym team or membership department.

**Free fitness classes at the gym every Tuesday, Thursday and Saturday.**

**TUESDAY - 12pm to 1pm:**

4 September 2018: Circuit Training  
11 September 2018: Sculpting Class  
18 September 2018: Fitball Workout  
25 September 2018: Lower Body Strengthening

**THURSDAY - 1pm to 2pm:**

6 September 2018: Upper Body Strengthening  
13 September 2018: Lower Body Strengthening  
20 September 2018: Sculpting Class  
27 September 2018: Fitball Workout

**SATURDAY - 10am to 11am:**

1 September 2018: Lower Body Strengthening  
8 September 2018: Fitball Workout  
15 September 2018: Circuit Training  
22 September 2018: Upper Body Strengthening  
29 September 2018: Sculpting Class

For enquiries and registration, please call the Club at 6559 6795.

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**Exclusive Offer For Members**

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**LOVE MOVIES?  
JOIN THE CLUB.**

We're partnering with **WE Cinemas** to provide our members with WE Club rewards.

To sign-up or find out more, visit our membership desk or call: +65 6559 6795 or email: [contact@legendsfortcanning.com](mailto:contact@legendsfortcanning.com)

**Complimentary membership**  
for The Legends Fort Canning Park members.



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**Our mailing address is:**

11 Canning Walk, Singapore 178881

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